

Dr. Vikrant Singh Tomar: International Scholar, Author, Consultant, and Advocate for Holistic Development

Dr. Vikrant Singh Tomar is a top-tier teacher with global experience, benefiting over 300,000 participants from 100+ Countries. He blends philosophy with modern management, offering innovative and impactful training. Engaging him ensures excellence, holistic development, and organizational growth through his unparalleled expertise and transformative solutions.

Dr. Vikrant Singh Tomar

PhD., MBA, MJMC, MPA, MA (Phil.), DTD, CHR, PGDYEP, BBA, PLRT, CPNLP, MCBT
Director, UMS INDIA

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Professional Profile

Dr. Vikrant Singh Tomar is an internationally recognized scholar, writer, and management consultant. He has been nominated by Civil 20 (under G-20) as the 'International Coordinator' for the "Vasudhaiva Kutumbakam" initiative, aiming to propagate this philosophy among G-20 nations. His contributions have been acknowledged globally, including an address at the United Nations Headquarters in Geneva (2023) and British Parliament, in London (2025) on the International Day of Conscience. Dr. Tomar served as the Global Convener for the World Yoga Summit in Germany. He is also the 'International Coordinator' for the Global Conference on "The Holistic Yoga Beyond Physiology-2023" in Germany, as nominated by the Indian Council of Cultural Relations (MEA, Government of India). His work has impacted over 300,000 beneficiaries across 120 countries, including cabinet ministers, bureaucrats, defense and paramilitary personnel, corporate professionals, and prison inmates.

Key Leadership Roles and Initiatives

Dr. Vikrant Singh Tomar holds several key leadership roles in various global initiatives and organizations. He is the Convenor of ***United Consciousness Global***, an initiative that spans all six continents, with a mission to develop the world's first 'Integrated Manual of Humanity.' In his capacity as the Founder Director of ***Project Inc. USA***, he promotes scientific aspects of Ancient Indian Philosophy and Culture

across the globe. His commitment to the spread of Yogic teachings is further evidenced by his position as a Board Member of the ***European Yoga Federation*** in Italy.

Dr. Tomar also serves as the Founder and Board Member of the ***Spiritual Council in Africa***, where he focuses on promoting healing and happiness throughout the African continent. Additionally, he founded the ***Akshara Kids Academy***, an educational initiative dedicated to integrating 'Indic culture' into elementary-level education, ensuring a holistic development approach for young students. As the Founder Director of ***UMS INDIA***, Dr. Tomar leads one of India's premier training and consultancy organizations, significantly impacting various sectors through his extensive expertise.

Professional Experience and Training Expertise

Dr. Vikrant Singh Tomar has provided training and consultancy services to a diverse and prestigious clientele. His expertise has been sought by State Cabinet Ministers, Members of Legislative Assembly (MLAs), and numerous government and defence institutions including the Indian Coast Guards (Ministry of Defence, Government of India), NITI Aayog, the Central Bureau of Investigation, the National Investigation Agency, National Police Academy and various academies such as the National Academy of Direct Taxes, Indira Gandhi National Forest Academy, Pandit Deendayal Upadhyaya National Academy of Social Security, and the National Academy of Customs, Indirect Taxes & Narcotics.

Dr. Tomar has also taught at elite security forces such as the National Security Guards, Central Industrial Security Force, Border Security Force, Indo-Tibetan Border Police, Central Reserve Police Force, Sashastra Seema Bal Academy, and the North Eastern Police Academy. His training has extended to multiple state police training institutions across Telangana, Madhya Pradesh, Rajasthan, Chhattisgarh, Gujarat, Uttar Pradesh, and Jharkhand, as well as correctional facilities including Central and Tihar Prisons.

In the corporate sector, Dr. Tomar's services have benefited major organizations such as Indian Railways, Oil and Natural Gas Company Ltd. (ONGC), Coal India, Jawaharlal Nehru Port Trust (JNPT), Gas Authority of India Limited (GAIL), Bharat Heavy Electricals Limited (BHEL), Morgan Stanley, Maruti Suzuki Ltd., TATA International, Hindalco, Idea Cellular, Life Insurance Corporation of India (LIC), Dainik Bhaskar, Ranbaxy, and Kohler. He has also contributed to esteemed institutions like the Indian Institute of Public Administration, Indian Institute of Forest Management (IIFM), All India Institute of Medical Sciences (AIIMS), Entrepreneurship Development Institute of India, and the National Productivity Council.

Dr. Tomar has conducted numerous Express Talks, Executive Development Programs (EDPs), and Management Development Programs (MDPs), reaching over 300,000 beneficiaries worldwide. He is also a prolific author, having written several books including "Rule the World as Krishna Did," "Vedanta aur Jeevan Prabandhan," "First Step into Bhagavad Gita," "Karma Yogi Bane" and "Self-Management Through Self Evaluation".

Dr. Vikrant Singh Tomar has accumulated over 5,000 hours of teaching experience, establishing himself as a distinguished speaker at both national and international conferences on management and philosophy. His work has impacted beneficiaries in 120 countries, including 100 organizations from various sectors such as institutional, industrial, defence, and civil services. His efforts have been instrumental in promoting professional and corporate excellence worldwide.

Academic Background and Qualifications

Dr. Tomar's educational achievements are extensive and multidisciplinary. He holds a Bachelor of Business Administration (BBA), a **Master of Business Administration** (MBA) specializing in Marketing and Human Resources, and a **Doctorate in Business Management**. Additionally, he has pursued formal education in several other fields:

- **Journalism:** Master of Journalism and Mass Communication (MJMC)
- **Public Administration:** Master of Arts (M.A.)
- **Philosophy:** Master of Arts (M.A.)
- **Yoga:** Post-Graduate Diploma in Yoga Education and Practice (PGDYEP)

Dr. Tomar achieved top ranks in each of these disciplines, reflecting his commitment to academic excellence. His diverse educational background has endowed him with a broad and versatile skill set, enhancing his capability in training and consultancy across a range of fields.

Publications & Research Contributions

In addition to his extensive training and consultancy work, Dr. Tomar is a prolific author. His published works on Indian Knowledge Systems include:

1. "Rule the World as Krishna Did"
2. "Vedanta aur Jeevan Prabandhan"
3. "First Step into Bhagavad Gita"
4. "Karma Yogi Bane"
5. "Self-Management Through Self-Evaluation"
6. "Dhyan Yog se Jeevan Prabandhan"
7. "Unlocking Human Potential: Bhagavad Gita"

These books reflect Dr. Tomar's deep understanding of Vedantic philosophy and management principles, providing valuable insights for personal and professional growth.

The objective of this book, Rule the World as Krishna Did, is to put forward the age-old wisdom of the Bhagavad Gita in a simple way that enables readers to understand and comprehend its message. Research has shown that the youth of today have more complex problems in life and work than ever before and need more sophisticated treatment for these issues. A common person takes the Gita as a spiritual text that talks about the divine song of Lord Krishna addressing a confused and shattered Arjuna. This book focuses on the relevance of Gita's selected verses in our day-to-day life. It explores the following questions:

- How can a person lead his or her life the Bhagavad Gita way?
- How can a leader assure triumph the Bhagavad Gita way?
- How can a student choose his or her career the Bhagavad Gita way?
- How can a human become a super human the Bhagavad Gita way?
- How can a businessman manage his business the Bhagavad Gita way?
- How can anyone achieve self-realization the Bhagavad Gita way?
- How can an individual remain self-motivated the Bhagavad Gita way?

The book also establishes some elementary models of knowledge, action, self, personality, perception, motivation, and decision making, which can help scholars venture into virgin areas of research and discussion.

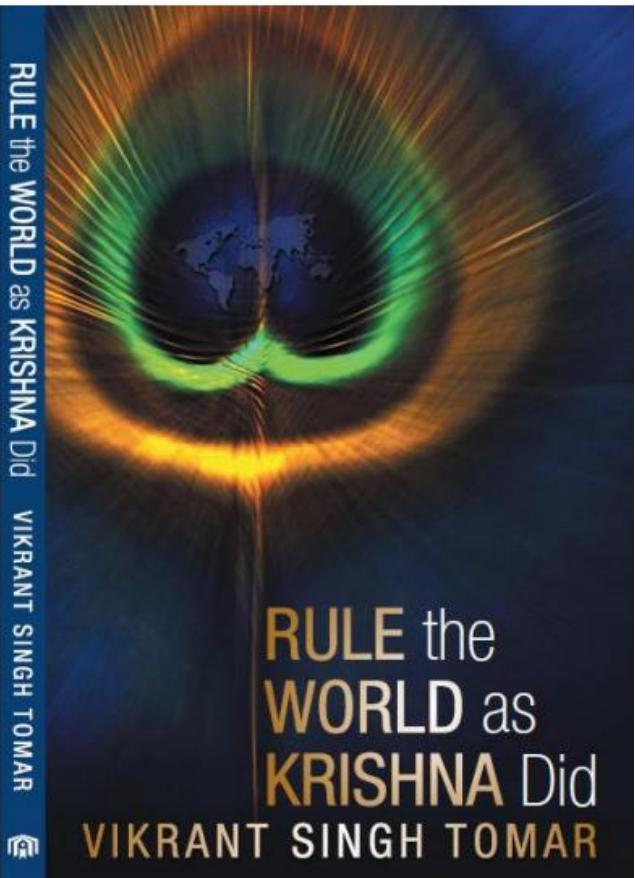


Dr. Vikrant Singh Tomar is a young acknowledged Trainer, academician, scholar, writer and a management consultant. Worked as a National Training Resource of INC, ICFAI University, Hyderabad. He is a qualified trainee member and a Merit Award holder in Electronic Enabled Training of the prestigious Indian Society of Training & Development (ISTD), N.Delhi, recognized by Ministry Of HRD, Government of India.

He as freelance trainer, he has conducted many EDPs (Executive Development Program) & MDPs (Management Development Program) for more than 15000 employees of various institutions of repute across the country and abroad.

Have done graduation (BBA), post graduation (MBA in Marketing & HR) & Doctorate in Business Management. He has crafted a multidisciplinary vision by doing formal education in journalism (MJMC), and Public Administration (M.A.), Philosophy (M.A.) & Yoga (PGDYP) with rank in university's merit list in all the above. Varied educational background has made him interdisciplinary and versatile in training & consultancy. Presently working as Group Director, Prashanti Group of Institutions, Ujjain (M.P.)

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Authored the book "Rule the world as Krishna Did" published by Author House Publications UK.

ऋथियों की भूमि भारत, जहाँ वेद और उपविष्टों का प्रादुर्भाव हुआ। ऐसे शास्त्र, जिन्होंने न केवल मनुष्य को उसके जीवन के मुख्य उददेश्यों के बारे में अवगत कराया, बल्कि साथ ही उन उददेश्यों की प्राप्ति के लिए मार्ज भी बताया और प्रशारत किया। वेदांत मनुष्य के जीवन के सभी महत्वपूर्ण लक्ष्य 'स्वात्मानुभूति' का राजमार्ग है। इस पुस्तक के प्रारंभिक तीन अध्यायों में वेदात का प्राविधिक परिचय कराने का प्रयास किया गया है और अंतिम तीन अध्यायों में जीवन प्रबंधन के वैदिक मांडण पर वर्णन की गई है। इस पुस्तक के प्रथम अध्याय 'वेदात की लुपरेता' में वेदात के सुजन का कारण और उसके उददेश्यों को उल्लेखित किया गया है। दूसरे अध्याय 'वार पुस्तक' में मनुष्य के जीवन के वार पुस्तुक लक्ष्यों का उल्लेख है। तीसरे अध्याय 'शास्त्र में भारतीय दर्शन' में विभिन्न शास्त्रों का संक्षेप और वर्णन है, जो उन लक्ष्यों को प्राप्त करने का मार्ज सुझाते हैं। चौथे अध्याय 'वर्ण व्यवस्था' में उस मार्ज पर वर्णन की व्यक्तिगत तैयारी का मार्गदर्शन है। पाँचवाँ अध्याय 'आश्रम व्यवस्था' उन लक्ष्यों को प्राप्त करने के लिए वेदात का प्रस्तुत करता है। छठे अध्याय 'सोलह संस्कार' में मील के पेंदवर हैं, जो हमें बताते हैं कि हम सही रास्ते पर चल रहे हैं।



डॉ. विक्रांत सिंह तोमर अंतर्राष्ट्रीय स्तर पर मान्य शिक्षाविद्, लेखक, प्रशिक्षक और प्रबंधन सलाहकार हैं। उनके अनुसंधान का केंद्र प्राचीन आध्यात्मिक ज्ञान और आधुनिक जीवन है। उन्होंने विश्व के 30 देशों के 2.8 लाख से अधिक लाभार्थियों हेतु जीवन प्रबंधन और प्राचीन वैदिक ज्ञान पर व्याख्यान दिए हैं। एक प्रशिक्षक के रूप में उन्होंने राज्य के कैवल्यने महिलों, (विवाहसभा सदस्यों), राज्य अर्थसेनानी, सरकारी व सार्वजनिक क्षेत्र, बहुराषीय निर्गमों को प्रशिक्षण दिया है। वह 'Rule the World as Krishna Did' पुस्तक के लेखक हैं, जो अंथर हाउस, यू.के. से प्रकाशित हुई है।

वे Project Self Inc. USA-Bharat, UMS INDIA, Akshar Kids Academy के निदेशक हैं। साथ ही United Consciousness Global तथा Global Institute of United Consciousness के वैशिक संसोजक भी हैं। अंतर्राष्ट्रीय स्तर पर उनके द्वारा European Yoga Federation, Italy एवं The Spiritual Council in Africa के बोर्ड सदस्य के रूप में सेवाएं दी जा रही हैं।

www.unitedconsciousness.in • www.umsindia.org • www.pself.org
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डॉ. विक्रांत सिंह तोमर

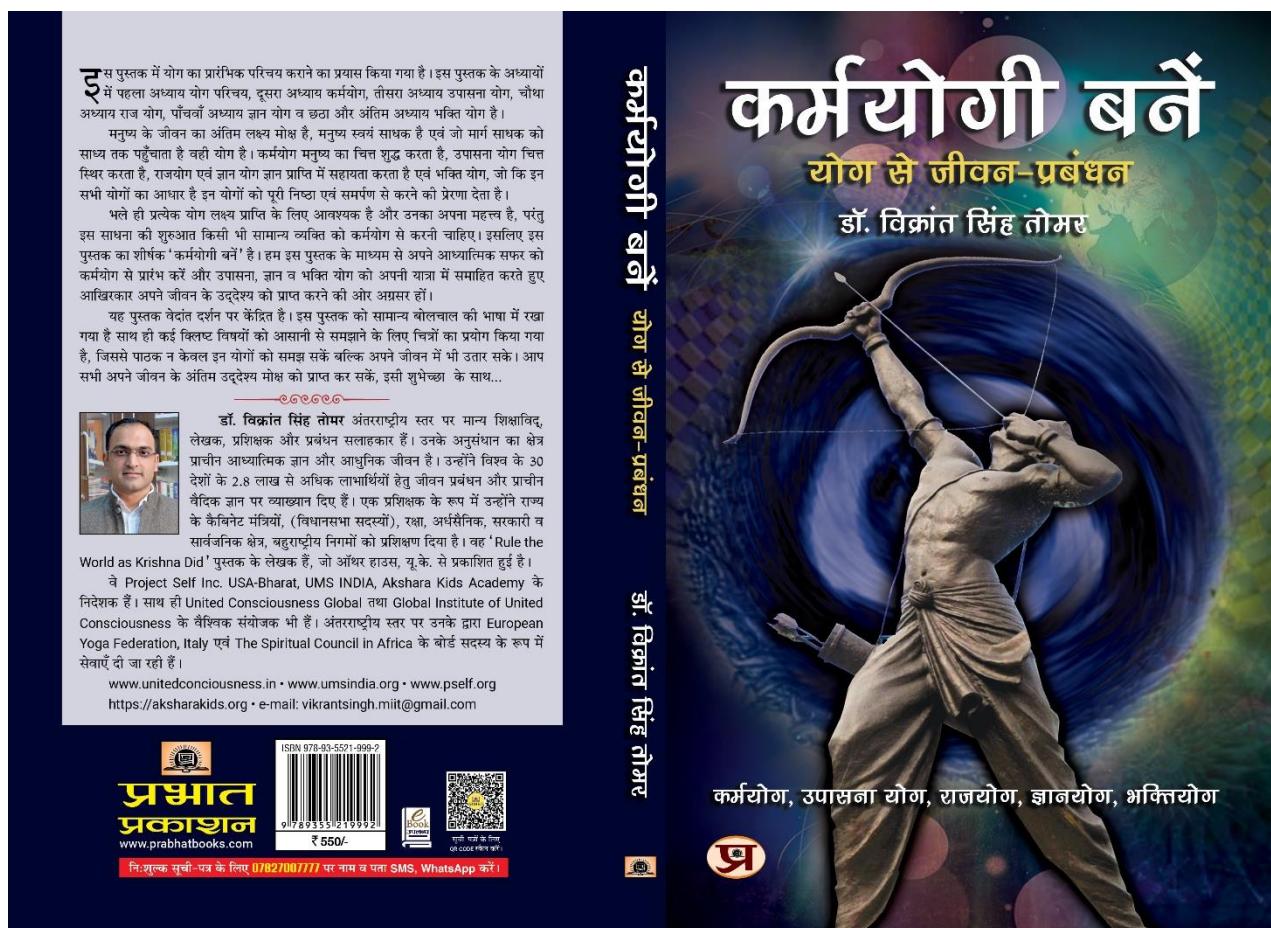


डॉ. विक्रांत सिंह तोमर

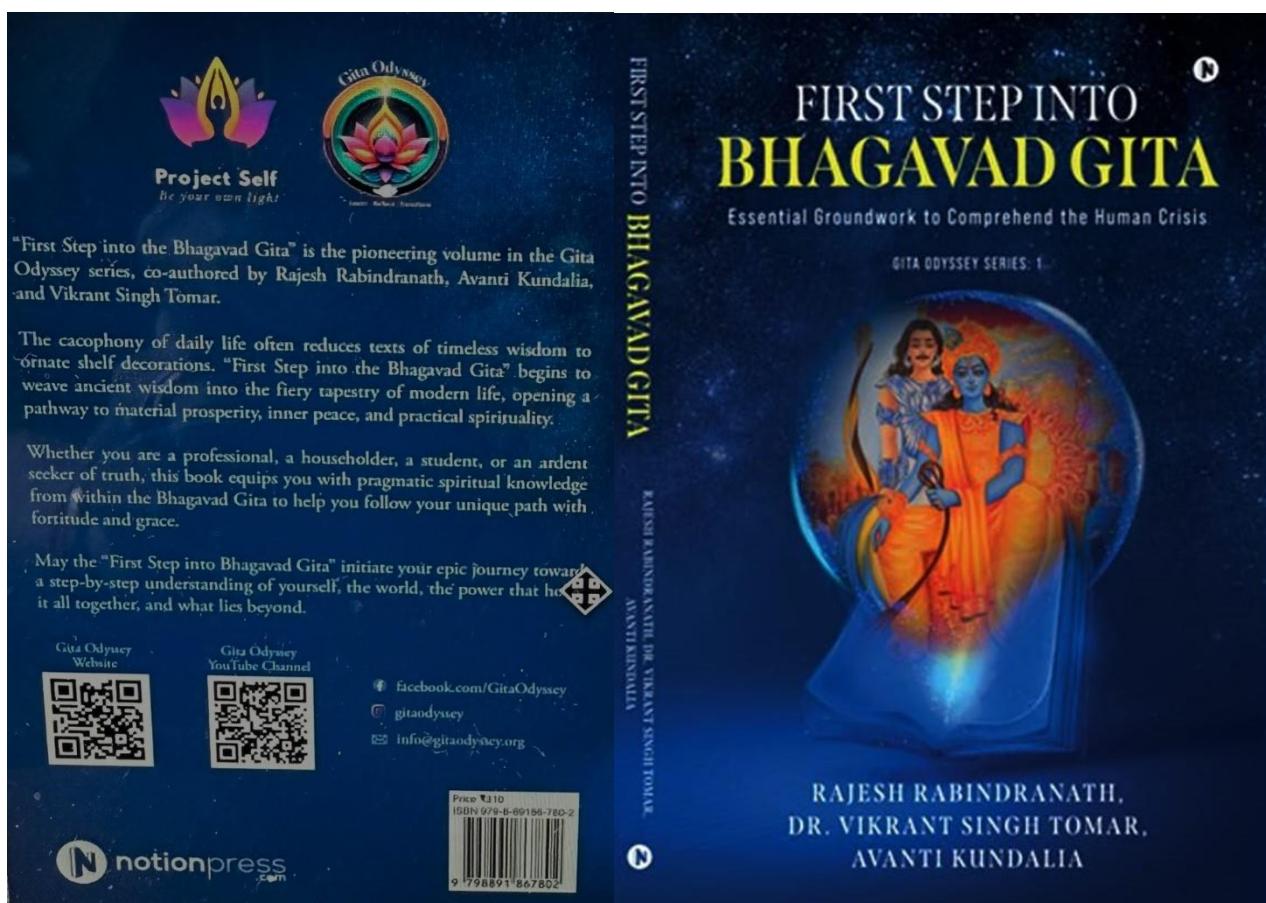


प्रभात

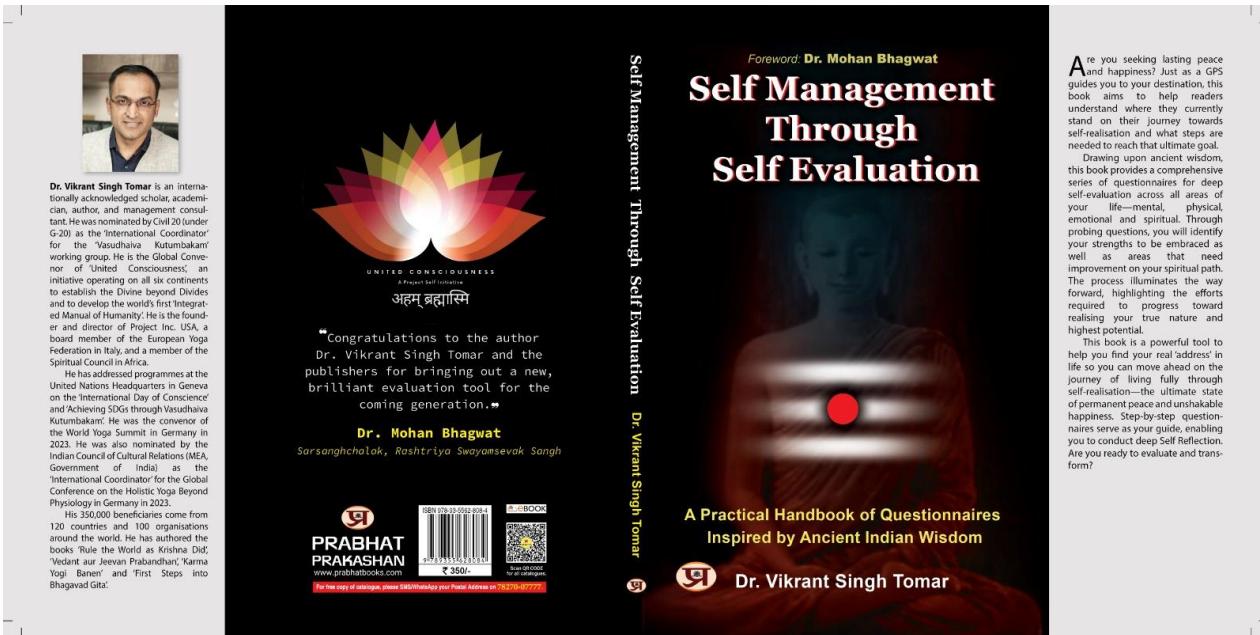
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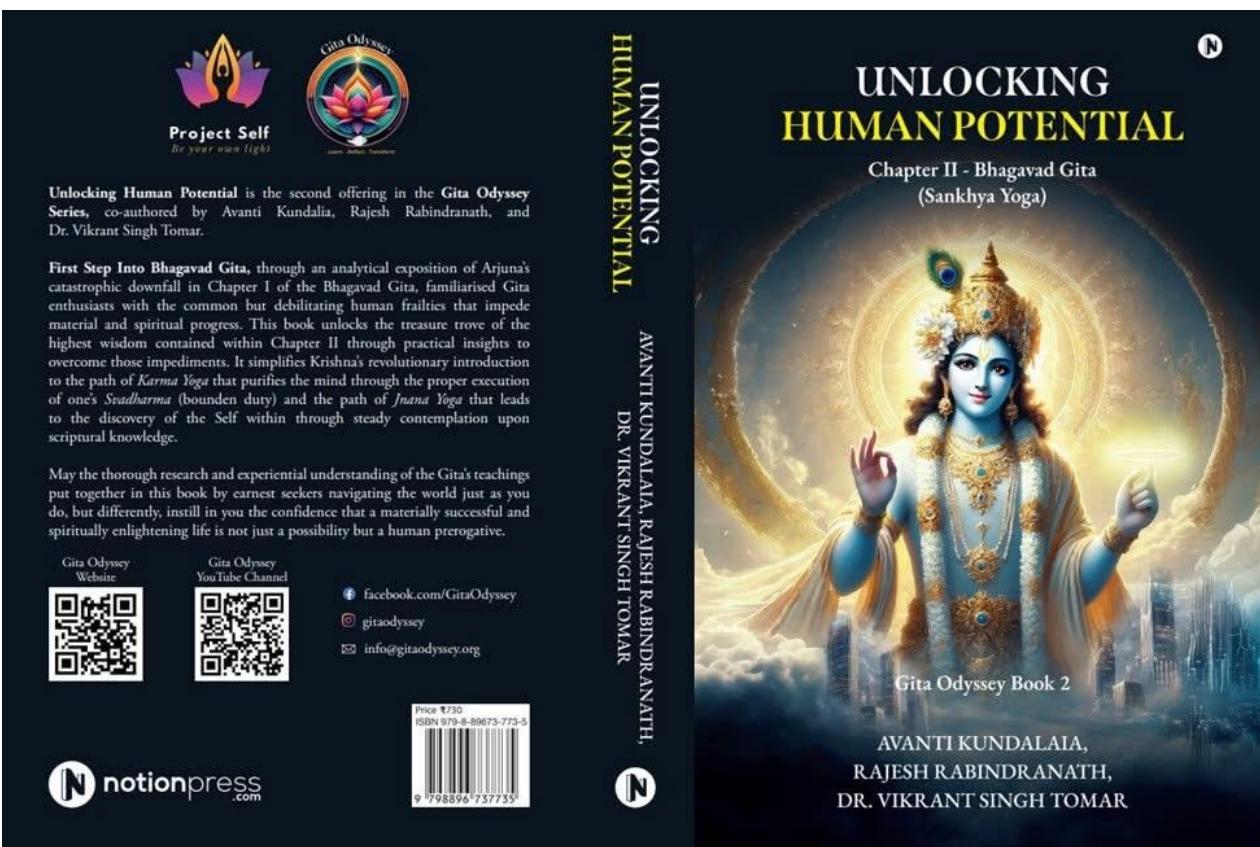
Authored the book “Karma Yogi Bane” published by Prabhat Publications, India



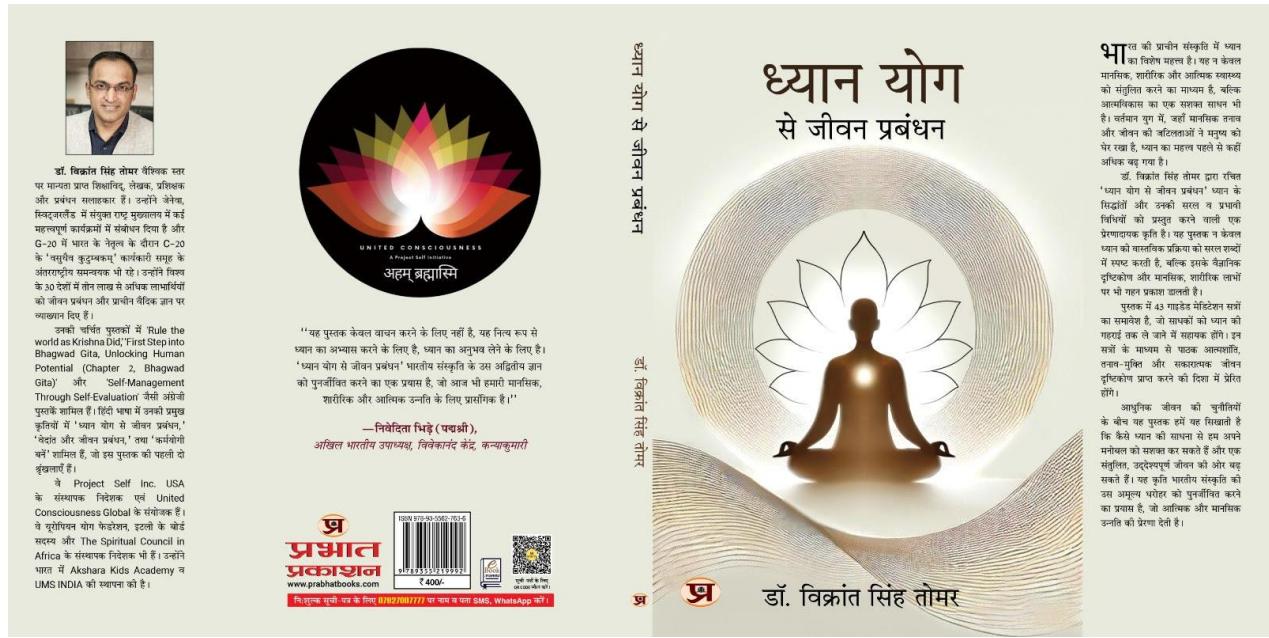
Authored the book “First Step Into Bhagvad Gita” published by Notion Publications.



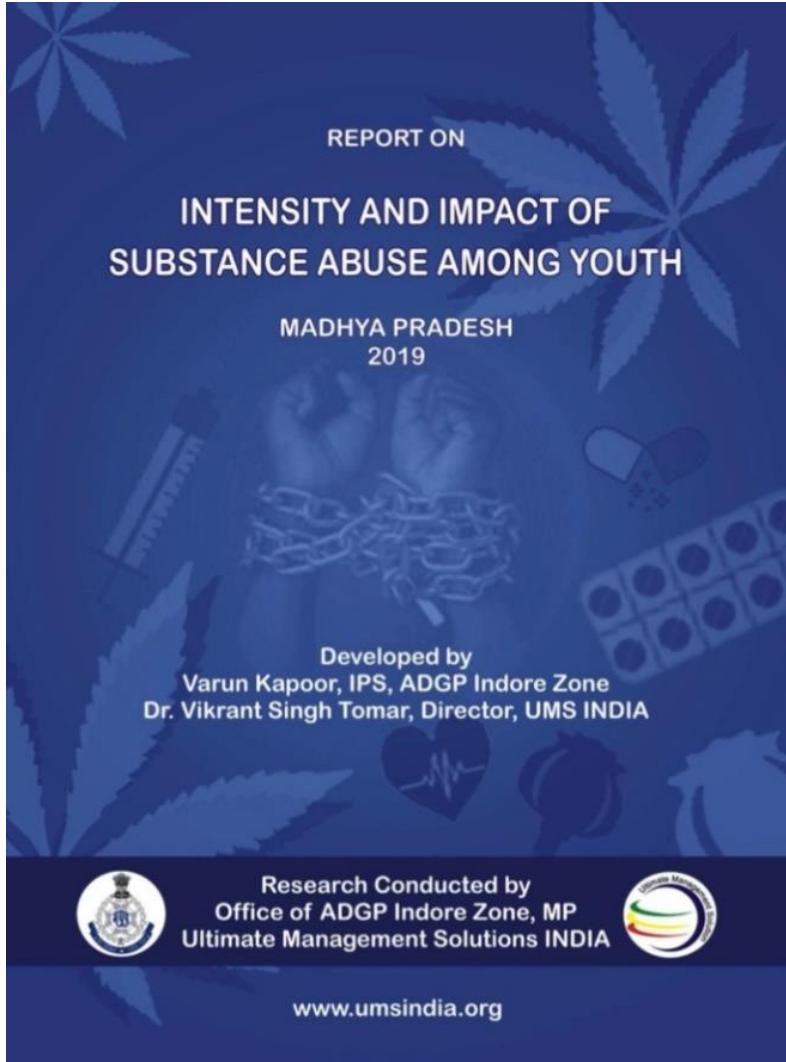
Authored the book "Self-Management Through Self Evaluation" published by Prabhat Publications. **World's first book of its kind, a practical handbook of questionnaires inspired by ancient Indian wisdom of Bhagavad Gita and Yoga Sutra and Upanishads.**



Authored the book "Unlocking Human Potential" Based on 'Chapter II Bhagavad Gita: Sankhya Yoga' published by Notion Publications.



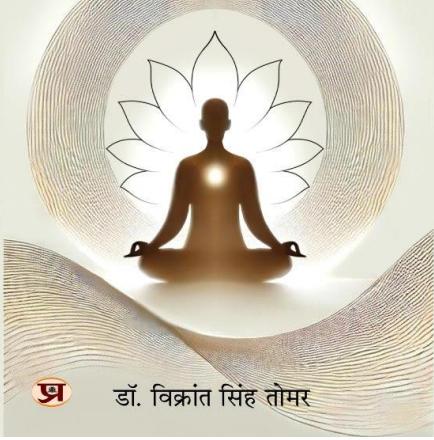
Authored the book "Dhyan Yog se Jeevan Prabandhan" published by Prabhat Publications. One of its kind book of practical Meditation techniques based on Yoga Sutra.



issues in the region.

He also has 7 national and 4 international paper publications.

ध्यान योग से जीवन प्रबंधन



भारत की प्राचीन संस्कृत में ध्यान योग महत्व है। यह न केवल मानसिक, शारीरिक और आनन्दिक स्थानकों को संतुष्टि देते हैं, बल्कि आनन्दिक काम का माध्यम है। यह समस्त साधन भी है। सद्व्यवहार तथा में, जहाँ भावनावाल नम्र और जीवन की अवस्थाओं ने अपने को पेर रखा है, यहाँ का माध्यम पहले से कहीं अधिक बढ़ गया है।

जै. विक्रांत सिंह तोमर द्वारा लिखा 'ध्यान योग से जीवन प्रबंधन' योग के विद्यार्थी और उनकी साथ वे प्रायी विद्यार्थी को समझ देते वाले एक देखभावकारी है। यह पुस्तक न केवल ध्यान को बाहरीकरण करना चाहता है, बल्कि इसके वैज्ञानिक दृष्टिकोण और मानसिक, शारीरिक तथा पृथक प्रभावों का सम्बन्ध है, जो योग को ध्यान की गतिशीलता के लिए वापस लाते हैं। इस सम्बन्ध से वैज्ञानिक, दर्शन-वैज्ञानिक और साकारात्मक जीवन दृष्टिकोण बनाने की दिशा में प्रेरित होती है।

पुस्तक में 43 विवरणीय संकेतों का सम्बन्ध है, जो योग को ध्यान की गतिशीलता के लिए वापस लाते हैं। इन सम्बन्ध से वैज्ञानिक, दर्शन-वैज्ञानिक और साकारात्मक जीवन दृष्टिकोण बनाने की दिशा में प्रेरित होती है।

आनन्दिक जीवन की चुनौतियों के बीच यह पुस्तक हाल की सामाजिक से इस अपने मन्दिरकों को समझा कर सकता है और एक संविधान, उद्देश्यपूर्ण जीवन की ओर यह सकता है। यह कहीं भावीता संस्कृत की ओर आगमन परिवर्तन करने का प्रयत्न है, जो आनन्दिक और मानसिक उन्नति की ओर होते हैं।

Dr. Vikrant Singh Tomar conducted an extensive study on drug abuse titled *“Impact and Intensity of Drug Abuse Among Youth in the State of Madhya Pradesh 2019.”* This groundbreaking research involved a sample size of 7,000 college students from all 52 districts of Madhya Pradesh. The study's significant findings were launched by the Honorable Chief Minister of Madhya Pradesh. Following the recommendations of this report, the Chief Minister expressed interest to establish the *Narcotic Drug Policy Drafting Committee* to develop the state's first-ever comprehensive drug policy. This initiative represents a critical step toward addressing and mitigating drug abuse

Global and National Engagements

Dr. Vikrant Singh Tomar has been actively involved in significant global and national events, with his expertise and leadership in various capacities:

Programs @ United Nations:

- Addressed at the United Nations Headquarters in Geneva on "International Day of Conscience" on April 5, 2023, organized by 'Be the Love,' France.
- Presented on "Achieving SDGs through Vasudhaiva Kutumbakam" at the UN Headquarters in Geneva on June 24, 2023, organized by the Permanent Mission of India, ICCR, and United Consciousness.



Addressed at United Nations Headquarters Geneva, on "Achieving SDGs through Vasudhaiva Kutumbakam" on 24th June 2023, organised by Permanent Mission of India, ICCR and United Consciousness.



Addressed at United Nations Headquarters Geneva, on "International Day of Conscience" on 5th April 2023, organised by 'Be the Love' France.

Global Contributions:

- He addressed at the **House of Commons, British Parliament**, as a 'keynote speaker', on the very significant occasion of "**United Nations International Day of Conscience**" in presence of Significant contributors, Lords, Mayors and member of parliaments on 5th April 2025.



He addressed at the House of Commons, British Parliament, as a 'keynote speaker' on "United Nations International Day of Conscience" 5th April 2025.

- He has been 'Global Convener' of **United Consciousness Global Conclave**, 15-17th Dec. 2023 and 14-15th Feb. 2025, which representatives from 23 countries and 5 continents participated.
- **Nominated by Civil 20 (Under G-20) as the 'International Coordinator', For the "Promotion and Conservation of Traditional Art Craft and Culture."** Curated "G-20 to G-All: Yoga a Global Call" with participation from G20 Nations in January 2023.
- **Nominated by Civil 20 (Under G-20) as the 'International Coordinator', For the "Vasudhaiva Kutumbakam-", to promote One Earth, One Family, One Future, in G-20 Nations, during India's presidency till from December 2022- December 2023.**



Nominated by Civil 20 (Under G-20) as the 'International Coordinator', For the "Vasudhaiva Kutumbakam- One Earth, One Family, One Future", to promote in it G-20 Nations, during India's presidency till from December 2022- December 2023.

- Served as the Global Convener for the World Yoga Summit in Germany, held from June 18-23, 2023.
- Nominated as the Global Convener for International Yoga Week 2021, celebrated worldwide with participation from around 75 countries.
- Nominated by Indian Council of Cultural Relations, Ministry of External Affairs Government of India, as the 'International Coordinator' for Global Conference on The Holistic Yoga Beyond Physiology-2023 at Germany.
- Nominated as the 'Global Convener', of 'International Yoga Week 2022' celebrated across the world, where representatives of around 120 countries participated.
- Nominated as the 'Global Convener', of 'United Nations International Day of Happiness (UCIDH 2021)' organized by United Consciousness where representatives of around 18 countries participated.
- Nominated as the 'Global Convener', of 'United Nations International Day of Peace (UCIDP 2021)' organized by United Consciousness where representatives of around 20 countries participated.
- His efforts as **the 'International Coordinator'**, For the "Vasudhaiva Kutumbakam- in G-20 Nations, during India's presidency was also appreciated bias stalwart of universal responsibility and noble peace laureate His Holiness the Dalai Lama.



THE DALAI LAMA

Dear Dr Vikrant ji,

I was happy to know that United Consciousness is initiating several programs to promote the G20/C20 motto of *Vasudhaiva Kutumbakam*
“One Earth One Family One Future”.

All sentient beings in general and all humanity in particular are one. This oneness is a reality of the present day. From this idea, the global humanity can live with peace and friendship and also create a new world free from weapons and violence, so that everyone can perform Universal Responsibility. I wish and pray for such happening.

Buddhist monk, Dalai Lama Tenzin Gyatso

12/03/23

National Contributions:

- Nominated as the ‘**Advisor**’ In the **Apex Advisory Committee for Ministry of Higher Education Government of Madhya Pradesh in 2025.**
- Nominated as the ‘**Advisor**’ of **Ministry of PWD Government of Madhya Pradesh in 2025.**
- Nominated as the ‘**Convener**’ of prestigious Program at Raj bhavan Madhya Pradesh on “Karma Yogi Academicians” in which 78 universities of state of Madhya Pradesh participated on 28th March 2025. The conference led to establishment of a working committee for improvement in Higher Education in state of Madhya Pradesh.



Nominated as the ‘Convener’ of prestigious Program at Raj bhavan Madhya Pradesh on “Karma Yogi Academicians” in which 78 universities of state of Madhya Pradesh participated. 28.03.25

- He was the Convener of “National Conference on Seva Parmo Dharma”, Jaisalmer, between 18-19th October 2024.
- He was the Convener of National HR Conference on Ancient Wisdom, Jaisalmer, between 28-29th October 2023, Under C-20/ G-20.

- He is nominated as the Convener of “United Council for Ancient Wisdom”. UCAW is a prominent Council (of Chief HR Officers of biggest corporates and distinguished academicians of India), to promote relevant lessons of Ancient Wisdom in today’s day and age.



- Contributed to National Capacity Building Framework (NCBF) for Panchayati Raj Functionaries (Ministry of Panchayati Raj, Government of India), as an consultant in Design Thinking Workshop, during 2022.



- He was the Convener of “III National Conference on ESG - *Survey bhavantu sukhinah*”, Bikaner, between 11-12th October 2025.
- Designed, Developed and Conducted national level workshop On “Developing nation through Self Leadership” in association with National Institute of Rural Development, (NIRD), Government of India, in Guwahati (Assam) during 13-15th March 2020.

- Contributed to Anand Aayog (Commission of Happiness, Government of Madhya Pradesh), as a consultant from designer the theme paper for creation of the modules of Anand Aayog.
- Nominated as the ‘Member of Board of Studies’, of ‘Indian Institute of Democratic Leadership’, Mumbai, a premium institute of developing socio political leadership in the country.
- Nominated by Indian Council of Cultural Relations, Ministry of External Affairs Government of India, as the ‘Principal Convener’ for round table on “Spiritual Traditions as Soft Power” where 22 Global spiritual organizations based in India contributed.
- He is nominated as the Convener of “Indian Spiritual Confederation”. ISC is a prominent Confederation (with the representation of biggest spiritual organizations of India, which are significantly operating across the planet with millions of followers) for Protection, Preservation and Promotion of Indian culture, Spiritual Traditions and Wisdom across the world.



- Contributed to Capacity Building Commission (CBC, Mission Karmayogi, Government of India), as a consultant in designing, developing and



Contributed to Capacity Building Commission (CBC, Mission Karmayogi, Government of India), as a consultant in designing, developing and execution of TOT on “Karmayogi Policeman as A Custodian Of Public Society”.



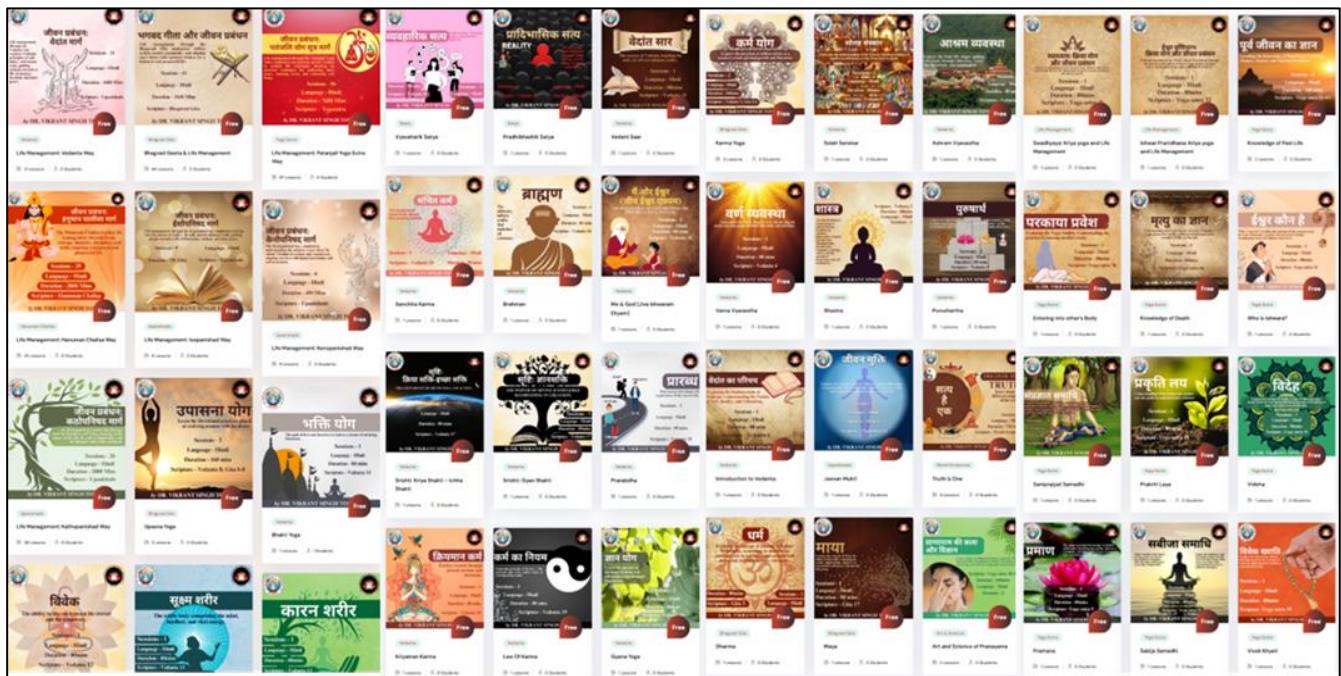
execution of TOT on “Karmayogi Policeman as A Custodian Of Public Society”.

- He was nominated as the Advisor of Research and Development cell of Madhya Pradesh Police Academy.
- He was nominated as the subject matter expert of Board of Studies of “MA in Police Studies” at Dr. B.R. Ambedkar Social Sciences University, Mhow, by Madhya Pradesh Police Academy.

Scriptural and Cultural Contribution:

He has done commentary on **Life Management aspects** from various scriptures of **Ancient Indian Wisdom:**

SN	Scriptural Base and Life Management Series	Number Of Sessions	Total hours of commentary produced
1	Vedanta and Life Management	23	30 Hrs
2	Bhagwat Geeta and Life Management	43	60 Hrs
3	Yogasutra and Life Management	96	130 Hrs
4	Hanuman Chalisa and Life Management	25	35 Hours
5	Isha Upanishad and Life Management	9	13 Hours
6	Kena Upanishad and Life Management	7	10 Hours
7	Katha Upanishad and Life Management	27	36 Hours
8	Essence Of Bhagavad Gita	6	3 Hours
9	Truth Is One- Essence of All Religions	9	14 Hours
10	Ram Charit Manas and Life Management	35.....Cont..	45 Hours....Cont..
	TOTAL		375+ Hours..Cont.



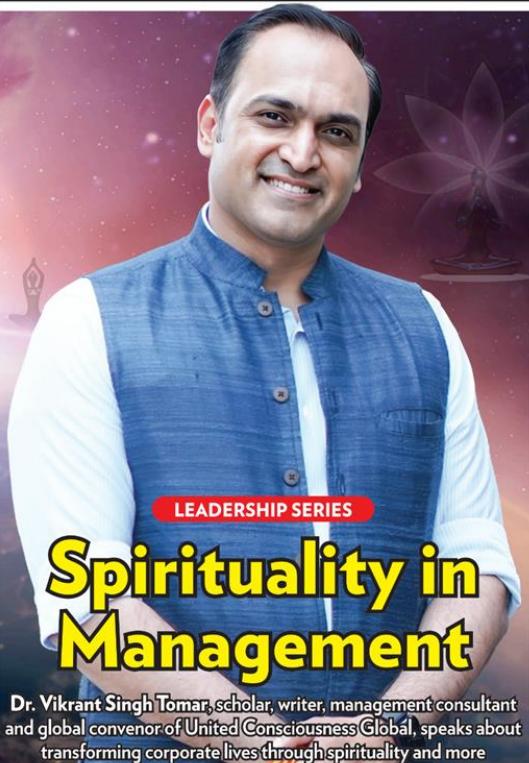
Dr. Vikrant Singh Tomar Has designed 80 short term and long term online courses on ancient Indian wisdom. these courses are divided in four categories of beginner, Seeker, practitioner and advanced.

All these sessions were taught complementary to spread and propagate ancient Indian knowledge across the planet.

Corporate Citizen

CONTEMPORARY MANAGEMENT THOUGHTS

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Featured on the front page of one of the country's prominent corporate magazines, 'Corporate Citizen'.



INTERVIEW

Hemal Vakil, Independent Director, Aditya Birla Capital



INDUSTRY INSIGHT

Priya Kapoor G Hingorani, MD-India and VP-Southeast Asia (SEA), Miltenyi Biotech

CONVERSATION

Himanshu Swami, Vice President, Mastek

SESSION

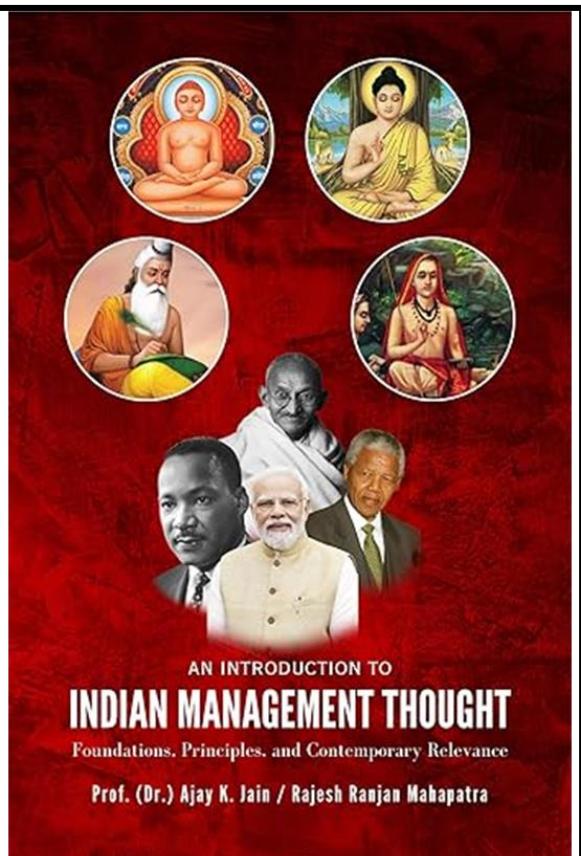
Discussion on India's Edge in a Multipolar Trade Arena

TECH TALK

Malar Vilai K, Senior Director, Sutherland

SURVEY

The 2025 CEO Study



Dr. Vikrant Singh Tomar and United Consciousness are included as a 'case study' about 'study in Dharma of globalising wisdom' in the book "An Introduction to Indian Management Thought - Foundations, Principles, and Contemporary Relevance" by Prof. A.K. Jain, Director MDI Murshidabad.

Leadership and Advisory Roles

Director of:

- **United Consciousness Global, USA**, A Global Initiative for creating an integrated world by removing barriers of limited identities and establishing holistic wellbeing. www.unitedconsciousness.in
- **Project Self Inc., NJ, USA**, A unique organization focused on promoting Vedantic Philosophy and Culture across the world. www.pself.org
- **UMS INDIA (Ultimate Management Solutions INDIA)**, A leading training and consultancy organization of India. www.umsindia.org.
- **Akshara Kids Academy, India**, A social Initiative to promote 'Vaidic culture' along with western acumen to the kids at elementary level education. <https://aksharakids.org/>
- **United Global Peace Foundation**, A social initiative to promote peace and prosperity across the planet. <https://ugpf.in/>

Board member and Advisor to :

- **European Yoga Federation, Italy**, prestigious organization disseminating Yogic Teaching in all countries of Europe. <http://www.europeanyogafederation.net/>
- **Spiritual Council in Africa**: Founder and Board Member of a Pan-African spiritual organization promoting healing and happiness across the continent. <https://www.spiritualcouncil.org/>

Global Impact and Reach

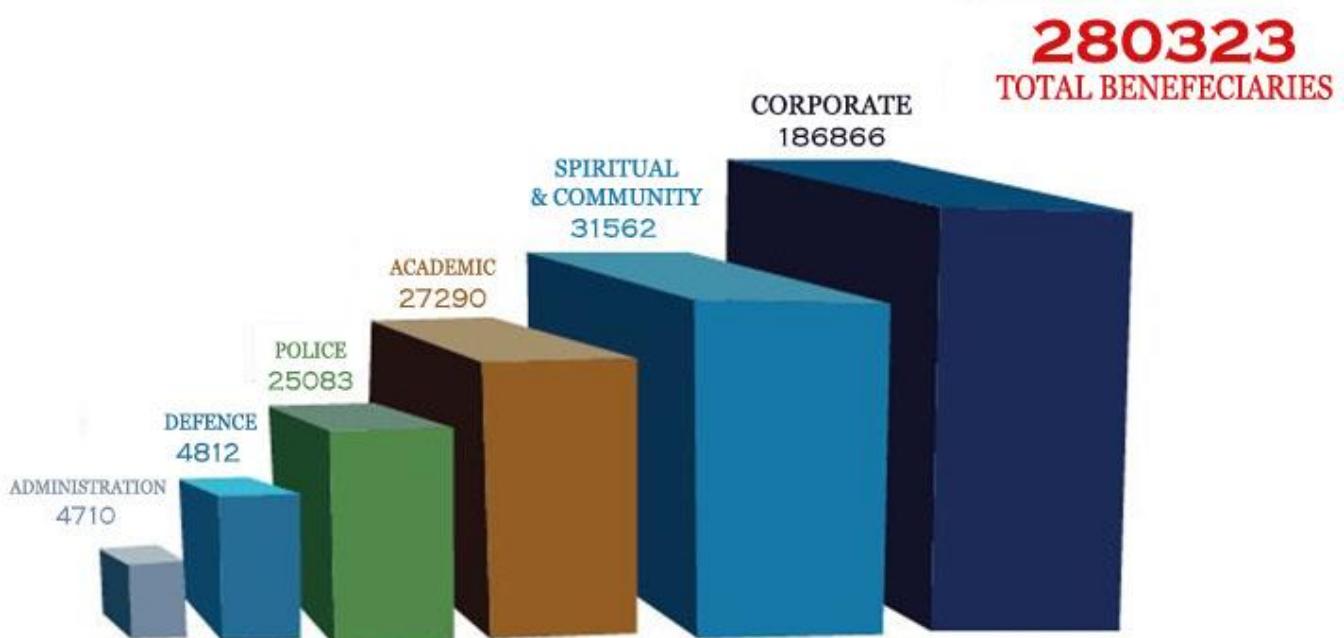
Dr. Vikrant Singh Tomar has delivered training to over 300,000 participants from a range of esteemed organizations both in India and internationally. His beneficiaries span diverse regions, including the **USA, Canada, Mexico, Brazil, Columbia, UK, Portugal, Spain, France, Germany, Switzerland, Italy, Macedonia, Greece, Turkey, Netherlands, Belgium, Austria, Hungry, Croatia, Thailand, Sri Lanka, Poland, South Africa, UAE, Australia, Japan, and 100 other Nationalities** through online and offline interactions.

Training Statistics:

- Total Training Days: 1,700
- Total Training Hours: 10,040
- Total Beneficiaries: 3,00,323

Breakdown of Beneficiaries:

- Police: 25,083
- Defence: 4,812
- Administration: 4,710
- Corporate Sector: 186,866
- Academic Institutions: 27,290
- Community and Spiritual Groups: 31,562



1. Topics for Teaching and Training:

Corporate Topics	Topics on Indian Knowledge System
<ol style="list-style-type: none"> 1. Mentoring 2. Effective Coaching 3. Stress management and work-Life balancing 4. Emotional intelligence 5. Effective Leadership 6. Fundamentals of Role Change 7. Execution strategies 8. Team building for effective organizations 9. Developing High performance teams 10. Organizational communication for effectiveness 11. Lateral thinking 12. Decision Making 13. Creativity and Innovation 14. Delegation and Empowerment 15. Effective Executive Meetings 16. Professional presentations and public speaking 17. Interpersonal relationships 18. Effective Time Management for officers 19. Conflict Management 20. Assertiveness skills 21. Change Management: attitude and behaviour 22. Achievement motivation 23. Developing business outlook 24. Officer's skill development Program 25. Commandments of success 26. Integrated personality development 	<ol style="list-style-type: none"> 27. Indian ethos and 21st century leadership 28. Emotional Intelligence- Yog Sutra way 29. PashuPati Vs Prajapati Ledaership 30. Indian approach to Human values 31. Three states of reality - Perception 32. Be a Karma Yogi - योगः कर्मसु कौशलम् 33. BuddhamSharanamGachchami 34. "योगेश्वर कृष्ण और युवा" 35. Life Management - Bhagavad Gita Way 36. Life Management lessons from Mahabharat 37. Life Management lessons from Ramayana 38. Lessons from the Life of Lord Krishna 39. Lessons from the Life of Lord Rama 40. Lessons from the Life of Lord Hanuman 41. Khalsa Approach to Life and Management 42. Five Koshas and Science of emotions 43. Five Yagyas and Inspired Living 44. Four Purshrthasand Modern Living 45. Winning in the Battlefield of Life - Karma 46. VadicWisdom waves -AppoDeepoBhav 47. Raj Yog and Personal effectiveness 48. Inner Listening- A Yogic Approach 49. Meditation and Mind Management 50. असतो मा सद्गमय 51. From Good to Great 52. Nation Building through Self Leadership

2. Experience of working with Government/ PSUs /Reputed Companies:

Teaching and Training Exposure in Ministers and Public Representatives

	Public Representatives	Details
1	Chief Minister and Cabinet Ministers of Government of Madhya Pradesh	Stress Management for Highest level Leadership
2	Cabinet Ministers and Other Ministers of Government of Arunachal Pradesh	Ethical Leadership and Indian Ethos
3	Members of Legislative Assembly (MLAs) of Legislative Assembly Arunachal Pradesh	From Public Administration to Public Admiration
4	Personal Secretaries to MLAs of UP	The Soul of Democracy



Session for Cabinet Ministers and Other Ministers of Government of Madhya Pradesh
3-4th February 2024



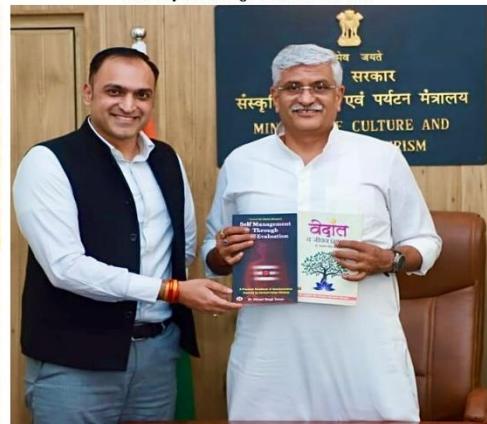
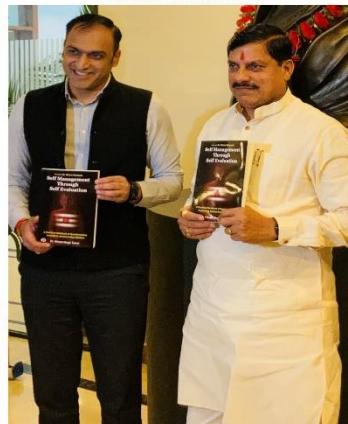
Session for Cabinet Ministers and Other Ministers of Government of Arunachal Pradesh



**With the Hon. Chief Minister of Arunachal Pradesh,
Shri Pema Khandu. 2024**

**With the Hon. Chief Minister of Madhya Pradesh,
Shri Mohan Yadav. 2024**

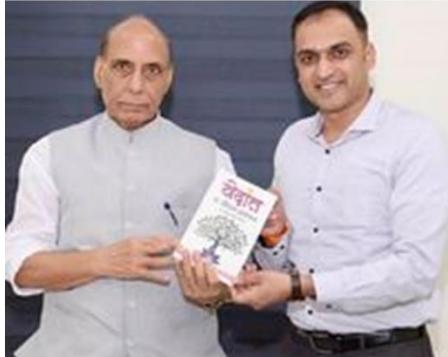
**With the Hon. Minister of Tourism and Culture of India
Shri Gajendra Singh Shekhawat. 2024**



With the Hon. Vice President of India Shri Jagdeep Dhankhar. 2024



With the Hon. Defence Minister of India Shri Rajnath Singh. 2023



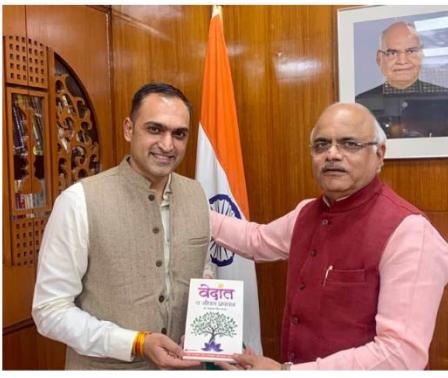
With the Hon. Agriculture Minister of India Shri N.S. Tomar. 2023



With the Hon. WCD Minister of India Smt. Smriti Irani. 2023



With the Hon. President of IICR of India Shri Vinay Sahasrabuddhe



With the Hon. Tourism & Culture Minister of India Shri G.K. Reddy



Teaching and Training Exposure in Refresher Programs & Mid Career Training

	Officers	Details
1	IAS, IPS, IRS, IRSEE, ITS, CES, IP&TAFS, IRAS, ICoAS, CSS, IOFS, IES, IPRS, IA&AS, RBSS,	In Advance Professional Program in Public Administration (APPPA) for senior officers of Government of India from various Ministries at Indian Institute of Public Administration, New Delhi
2	Advisors of NITI Aayog	The NITI Aayog is a policy think tank of the Government of India, established with the aim to achieve sustainable development goals of India.
3	IFS (Indian Forest Services)	MCT- I , II and MCT – III for IFS officers at IGNFA (Indira Gandhi National Forest Academy), Dehradun along with IIFM (Indian Institute of Forest Management) Bhopal.
4	IRS (Indian Revenue Services)	MCT- I and MCT – II for IRS officers at IIPA (Indian Institute of Public Administration) New Delhi.
5	IRPS (Indian Railway Personal Services)	Refresher and career advancement programs at IIPA (Indian Institute of Public Administration) New Delhi.
6	Senior Officers of Indian Army, Navy and Air force, AFHQ.	In Advance Professional Program in Public Administration for senior officers of Government of India from various Ministries
7	IGs of ITBP	In Senior Command Management course for Officers at ITBP Indo Tibetan Border Police Academy, Mussoorie
8	IG's of CRPF	In Staff Officers' course senior level at CRPF Central Reserve Police Force IS Academy , Mount Abu.
9	Senior Scientists and Technologists of DRDO	Refresher and career advancement programs at CRISP Bhopal.

Teaching and Training Exposure in foundation courses

	Officers	Details
1	IRS, IRSEE, ITS, CES, IP&TAFS, IRAS, ICoAS, CSS, IOFS, IES, IPRS, IA&AS,	At RCVP Noronha Academy of Administration, Bhopal
2	IRS (Indian Revenue Services)	At National Academy of Direct Taxes, Nagpur
3	IRS (Indian Revenue Services)	At National Academy of Customs, Indirect Taxes & Narcotics
4	IPS (Indian Police Services)	At MP Police Academy
5	IFS (Indian Forest Services)	At Indira Gandhi National Forest Academy (IGNFA), Dehradun
6	ITS (Indian Telecom Services)	At IIPA (Indian Institute of Public Administration) New Delhi
7	IES (Indian Economic Services)	At Institute of Economic Growth (IEG), New Delhi
8	IDAS (Indian Defence A/C Services)	At IIPA (Indian Institute of Public Administration) New Delhi
9	ITBP (Indo Tibetan Border Police)	At Indo Tibetan Border Police(ITBP) Academy, Mussoorie
10	CBI Officers	Central Bureau of Investigation Academy, Ghaziabad
11	NIA Officers	Central Bureau of Investigation Academy, Ghaziabad
12	Police Officers	Madhya Pradesh, Chhattisgarh, Utter Pradesh, Gujarat, Jharkhand, Rajasthan, Telangana State and all eight North East state gazetted police officers



Addressed that Bureau of Police Research and Development, headquarters New Delhi.
 Series of Sessions on Inspired living and Positive Living

Teaching, Consulting and Training Exposure with Eminent Indian Institutions

	Organizations	Officers Trained
1	Sardar Vallabhai Patel National Police Academy, Hyderabad	Officers of Union Territories, GOI
2	Sushma Swaraj National Foreign Service Institute, New Delhi	IFS Probationer Officers
3	Bureau of Police Research and Development, New Delhi	BPRnD Officers
4	National Academy of Direct Taxes, Nagpur	IRS Probationer Officers
5	National Academy of Customs, Indirect Taxes & Narcotics, Faridabad	IRS Probationer Officers/ MCTP
6	Indira Gandhi National Forest Academy (IGNFA), Dehradun	IFS Officers and MCTP
7	Indian Coast Guard, New Delhi	Senior Officers
8	National Institute of Labour Economics Research and Development, New Delhi	Government Officers of 10 Nationalities

9	V.V. Giri National Labour Institute, Delhi	Trade Union Leaders
10	All India Institute of Medical Science (AIIMS) Rishikesh	MBBA Students
11	Northeastern Indira Gandhi Regional Institute of Health and Medical Sciences (NILGRIMS) Shillong	Senior Doctors and MBBS Students
12	Northeastern Police Academy, Shillong	North East state gazetted police officers
13	National Academy for Training Research in Social Security, Delhi	Probationer PF Astt. Commissioners
14	National Institute of Rural Development, Hyderabad	Faculties and Students
15	Indian Institute of Public Administration, New Delhi	AIS+ CA –A+ Senior Officers of Government of India and MCTP
16	RCPVN Academy Of Administration & Management, Bhopal	AIS+ CS Group A+ State Gazetted Officers
17	Entrepreneurship Development Institute of India, Ahmadabad	International Trainees
18	Indian Institute of Democratic Leadership, Mumbai	Politicians
19	Central Police Training Academy, BPRnD, Bhopal	Police officers of all states
20	Employees Provident Fund Department, Training Institute, GOI	Senior Managerial Positions
21	National Security Guards HQ, New Delhi	All Level officers
22	Jharkhand Police Training Academy, Hazaribag	D.S.P. and other police officers
23	Chhattisgarh Police Training Academy, Raipur	D.S.P. and other police officers
24	Rajasthan Police Training Academy, Jaipur	D.S.P. and other police officers
25	Telangana Police Training Academy, Hyderabad	D.S.P. and other police officers
26	Gujarat Police Academy, Ahmadabad	police officers
27	MP Police Academy, Bhopal	police officers
28	CRISP, INDIA	Senior Managerial Positions
29	Rustumji Armed Police Training College, Indore	D.S.P. and other police officers
30	Indian Institute of Forest Management, IIFM, Bhopal, MP	MCTP for IFS Officers
31	Indian Institute of Coal Management, Ranchi	Coal India Employees
32	Academy for Scientific and Innovative Research, New Delhi	All Level Employees
33	BSF Central School of Weapon and Tactics, Indore	All Level Employees
34	Morarji Desai National Institute of Yoga, New Delhi	Yoga Sadhakas
35	Institutes of Chemical Technology, Mumbai	Faculties and Students
36	Central Detectives Training Institute (CDTI), Chandigarh	vertical interaction of officers
37	Indian Institute of Democratic Leadership (IIDL), Mumbai	Socio-Political Leaders
38	Bhabha Atomic Research Centre (BARC), Mumbai	Vertical interaction with Scientists
39	Management Development Institute (MDI), Gurgaon	CSR Leaders of Corporates
40	Indian Institute of Technology, IIT Mumbai	IKS Division
41	Indian Institute of Management, IIM Bodh Gaya	MBA Students
42	Delhi University, , New Delhi	Faculty and Students
43	Jawaharlal Nehru University, New Delhi	Faculty and Students

Teaching, Consulting and Training Exposure with Eminent Foreign Universities

Organization	Assignment
1 Western University, Public university	London, Canada Ranked in the top 1% of universities worldwide
2 Cornell University, Private Ivy League Research University	Ithaca, New York, United States 16 th in the QS World University Rankings 2025
3 UNESP University, São Paulo State University	São Paulo, Brazil Top institution in Brazil and Latin America.

Mentoring Programs

Organization	Assignment
1 Border Security Force (BSF)	Chief Mentor of the organization wide Mentoring Program "Sumitra"
2 Indian Coast Guard (ICG)	Chief Mentor of the organization wide Mentoring Program "Saarthi"
3 Maruti Suzuki India Ltd., Gurgaon	Chief Mentor of the organization wide Mentoring Program "Saarthi"

4	TDSG Ltd., Ahmedabad	Chief Mentor of the Mentoring Training of TDSG
5	Gas Authority of India Ltd.	Chief Mentor of the organization wide Mentoring Program "Saarthi"

Training Exposure with Investigative Agencies

	Agencies	Details
1	Central Bureau of Investigation CBI	CBI is the premier investigative agency in India, with a dual responsibility to investigate grievous cases and provide leadership and direction in fighting corruption to the Police force across the country.
2	National Investigation Agency NIA	NIA is a central agency established by the India to combat terror in the country. It acts as the Central Counter Terrorism Law Enforcement Agency
3	Special Branch, MP State	SB is the premier investigative agency in the state of MP
4	Aviation Research Centre (ARC)	The Aviation Research Centre (ARC) is a part of the Research and Analysis Wing (R&AW) of the Cabinet Secretariat (Special Requirements) India.

Training Exposure with National Level Govt. Companies/PSUs/Departments

	Organizations	Designation
1	Indian Railways, SECR and NCR	Senior Managerial Positions
2	Indian Coast Guards, Ministry of Defence	Senior Managerial Positions
3	Ministry of Panchayati Raj, GOI	All India Sarpanch and Panch
4	Ministry of Forest, CG Govt.	Senior IFS Officers
5	Coal India- SECL, WCL, NCL, CCL	E5 to E8 Officers
6	Jawaharlal Nehru Port Trust,	Senior Managerial Positions
7	CG Power Holding Company Ltd.,	Managerial Positions
8	BHEL	Managerial Positions
9	GAIL, New Delhi	Managerial Positions
10	Bank of India (BOI)	Managerial Positions
11	Life Insurance Round Table	MDRT, COT, TOT
12	Oil and Natural Gas Ltd	All level employees
13	National Thermal Power Corporation, NTPC	Managerial Positions
14	Grid Controller of India	All level employees
15	Mazgaon dockyard limited	All level employees

Teaching and Training Exposure with National- International Corporates

	Organization	Designation
1	Morgan Stanley	All level employees
2	Maruti Suzuki Ltd.	All level employees
3	Tata International Ltd.	All level employees
4	Dainik Bhasker	Sales Team
5	Idea Cellular	All level employees
6	Bank of America	All level employees
7	Ranbaxy	All level employees
8	Kirlosker	All level employees
9	Kohler	All level employees
10	Bank of India	All level employees
11	Life Insurance Corporation	Development Officers
12	HINDALCO, Aditya Birla Group	All level employees
13	Life Insurance Round Table	COT, TOT, MDRT
14	Mafatlal Navin Chemicals	Production Team
15	COGOPORT	Production Team
16	Century Textile and Industries Ltd	Business Partners

17	MG Motors	All level employees
18	Ultra Tech Cement	All level employees
19	TDSG Lithium ION Battery Pvt. Ltd.	Managers
20	Birla Copper (Aditya Birla Group)	All level employees
21	Gestarsalud, Columbia	All stakeholders
22	Mafatlal Navin Chemicals, Dewas	All level employees
23	Firmenich Aromatics Production Ltd.	Senior Employees
24	DSM Production Ltd.	All stakeholders

Teaching and Training Exposure with Prisons

	Subsidiary	Strength	Designation
1	Tihar Prisons, New Delhi	300	Life Prisoners
2	Central Prison Ujjain	200	Life Prisoners
	Total	500	

Teaching and Training Exposure with Central Armed Police Forces

	Paramilitary	Details
1	National Security Guards (NSG)	The National Security Guard (NSG) is a federal contingency world class zero error force to deal with anti-terror operations in all its manifestation
2	Border Security Force (BSF) Academy, Gwalior	BSF guards the border of the India with Pakistan and Bangladesh, it is deployed both on the IB and the LOC.
3	Indo Tibetan Border Police (ITBP) Academy, Mussoorie	ITBP is for guarding duties on the border with China and Tibet covering a total distance of 2488 km.
4	Central Reserve Police Force (CRPF), Mount Abu	CRPF is the largest of the Central Armed Police Forces units with 325,000 personnel in 245 battalions.
5	Central Industrial security force (CISF) National Industrial Security Academy, Hyderabad	CISF is one of the largest industrial security forces in the world. CISF provides security to various Public Sector Undertakings (PSUs) and other critical infrastructure installations across the country.
6	Sashastra Seema Bal (SSB) Academy, Bhopal	Sashastra Seema Bal or SSB, in English the Armed Border Force (rarely translated into English in Indian usage), is one of India's Central Armed Police Forces.

Exposure with Vigilance Department- Vigilance Awareness Program

	Organizations	Officers Trained
1	South Eastern Coal Fields, SECL, Coal India	2979
2	Western Coal Fields, WCL, Coal India	990
3	Jawaharlal Nehru Port Trust (JNPT) Mumbai	90
4	CG Power Holding Company Ltd., Raipur	210
5	South Eastern Central Railway	250
6	Grid Controller of India	60
7	Mazgaon dockyard limited	100
	Total	4679

Teaching and Training Exposure with IIMM

	Subsidiary	Officers Trained	Designation
1	IIMM, Nagpur	110	Material Managers
2	IIMM, Ranchi	105	Material Managers
	Total	205	

Teaching and Training Exposure with Union Leaders

	Subsidiary	Designation
1	Maruti Suzuki Ltd.	Union Leaders
2	Tata International Ltd.	Union Leaders
3	Kirlosker	Union Leaders
4	SECL, Coal India	Union Leaders
	Total	

Training Exposure with Coal India

	Subsidiary	Officers Trained	Designation
1	SECL, Coal India	2979	Managers to Gen. Managers
2	WCL, Coal India	990	Managers to Gen. Managers
3	NCL, Coal India	500	Managers to Gen. Managers
	Total	4469	

Served following organizations as Freelance Consultant Trainer/ Consultant:

- 1) Department of Culture, CG Govt. Raipur
- 2) Employees Provident Fund Zonal Training Institute, MP
- 3) Police Training School, Meerut, UP
- 4) Police Training School, Indore, MP
- 5) PRTS, Indore
- 6) MPCON
- 7) Indore Management Association (IMA)
- 8) Vastuboomi, Bilaspur (CG)
- 9) Dewas Metal Pvt. Ltd.
- 10) Mangala Industry Dewas
- 11) Association of Industries Dewas
- 12) ASK Automotive Ltd., Gurgaon

Dr. Vikrant Singh Tomar stands out as an exceptional trainer whose extensive expertise and global experience make him a premier choice for any organization seeking transformative training solutions. His comprehensive knowledge across diverse fields, combined with a proven track record of benefiting over 300,000 participants worldwide, underscores his capability to deliver impactful and innovative training programs. With his unique ability to blend Vedantic philosophy with modern management practices, Dr. Tomar offers unparalleled value to organizations aiming for excellence and holistic development. Inviting Dr. Tomar to your organization means engaging with a leading expert dedicated to fostering growth, enhancing skills, and achieving organizational goals.